Organics Guide

Compost these items:

All Food

- Fruit and vegetables
- · Meat, fish and bones
- Dairy products
- Eggs and egg shells
- Pasta, beans and rice
- Bread and cereal
- Nuts and shells





Certified Compostable

Products

- Compostable paper, cups, plates, bowls, utensils and containers
- Must have the BPI or Cedar Grove logos, certifying products are compostable







Check locally, as these do not exist in many communities. Not suitable for backyard composting. CERT # SAMPLE



Other Compostable Household Items

- Hair and nail clippings
- Cotton balls without chemicals
- Houseplants and flowers
- Tea bags
- Wooden items such as chopsticks, popsicle sticks and toothpicks

Dirty Paper

- Pizza delivery boxes
- Napkins and paper towels
- Facial tissues
- Paper egg cartons
- Coffee grounds and filters



Leave these out, not compostable:

diapers and sanitary products • animal and pet waste, litter or bedding • baby wipes • grease or oil • StyrofoamTM • dryer lint • dryer sheets • recyclable items • frozen food boxes • microwave popcorn bags • gum • fast food cups, wrappers and boxes • products labeled biodegradable • milk and other beverage cartons • wax and parchment paper • clothing • K-cups • straws • produce stickers • candy wrappers • clothing